

## **Nili Solonov, Ph.D.**

### **Clinical Psychology Faculty Candidate Seminar**

November 29, 2023

11:00-12:30pm (EST)

Psychology Building, Room 105

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### **TOWARD PERSONALIZED PSYCHOTHERAPY: LEVERAGING NOVEL METHODS TO UNDERSTAND AND IMPROVE PSYCHOTHERAPIES FOR DEPRESSION**

Psychotherapy is effective in reducing depression. Yet, 40-60% of patients remain symptomatic at treatment end. Identifying neurobiological and clinical mechanisms of action can guide the development of scalable neuroscience-informed psychotherapies. This talk will present studies that leverage computational and imaging techniques to identify mechanisms of action and develop therapies that can be tailored to individuals' needs and circumstances.

Please contact Teresa Leyro at [tml124@psych.rutgers.edu](mailto:tml124@psych.rutgers.edu) if you have any questions.